Men's Barbering Lounge & Spa

222 W. 21st Street Suite E In Historic Ghent Norfolk, Virginia 23517 757.627.5253 (JAKE)

Massage Therapy Questionnaire	
Name: DOB:	
Email Address:	Emergency Contact Name:
Emergency Contact Relationship:	Phone Number:
Medical Information	
Are you currently taking any medications? \Box yes \Box no	Massage Information
If yes, please list name and use:	Have you had a professional massage before? \Box yes \Box no
	What type of massage are you seeking?
Do you suffer from chronic pain? \Box yes \Box no	\Box Relaxation \Box Therapeutic/Deep Tissue
If yes, please explain:	Other:
What makes it better?	What pressure do you prefer? \Box Light \Box Medium \Box Deep
What makes it worse?	Do you have any allergies or sensitivities? \Box yes \Box no
Please indicate any of the following that apply to you.	Please explain:
\Box Cancer \Box Headaches/Migraines \Box Arthritis \Box Diabetes	Are there any areas (feet, face, abdomen, etc.)
□ Joint Replacement(s) □ High/Low Blood Pressure	you do not want massaged? \Box yes \Box no
🗆 Neuropathy 🗆 Fibromyalgia 🗆 Stroke 🗆 Heart Attack	Please explain:
\Box Kidney Dysfunction \Box Blood Clots \Box Numbness \Box Sprains	

Other:

I have completed this form to the best of my knowledge. I understand that massage therapy services as designed to be a health aid and under no circumstances is massage therapy to take the place of a doctor's care of diagnoses. Information exchanged during my massage therapy session is educational in nature and is intended to help me become more familiar and conscious of my own health status and is to be used at my discretion. Jake's Place is not responsible for the aggravation of my condition that was not disclosed to the therapist. I agree to inform my therapist immediately at the onset of any discomfort (I.e. room temperature, pressure, technique, music, ect.) so that I have the best experience possible.

Inappropriate behavior and or conduct during any spa session will not be tolerated at Jake's Place. Such conduct will result in immediate termination of service with no discount or reimbursement. Future services will not be honored at Jake's Place.

Signature:

Date:

Massage Therapist Signature

Date[.]